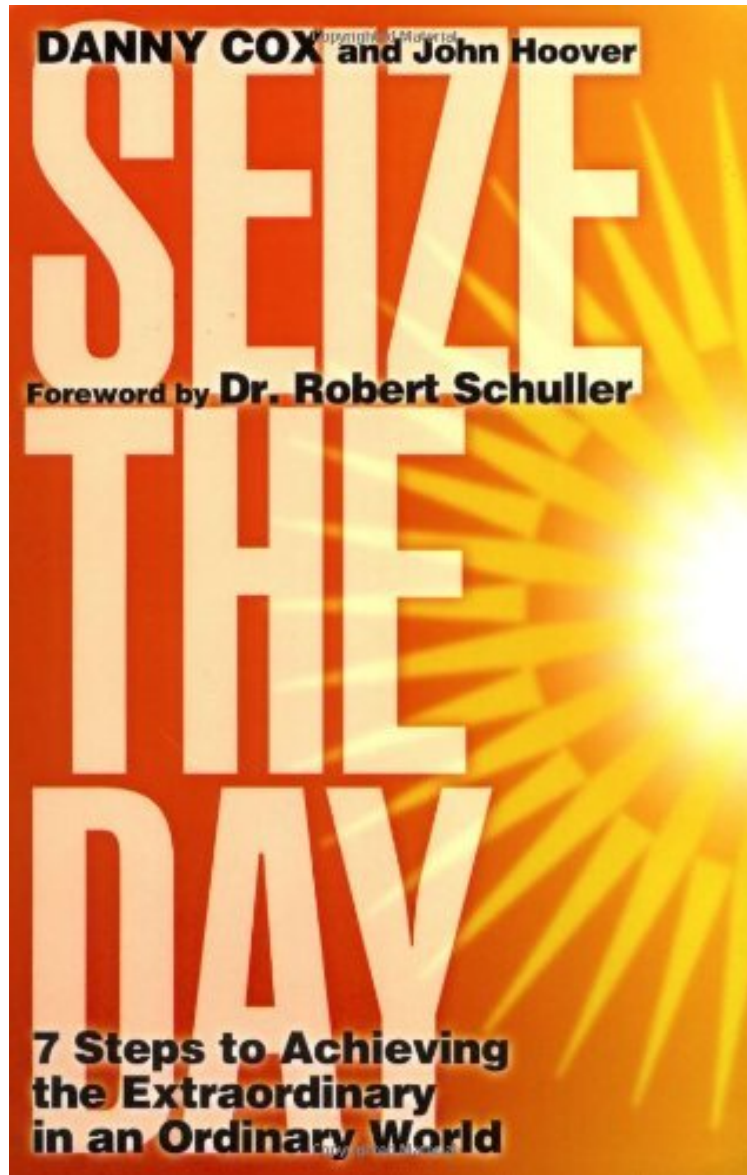


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Seize the Day: Seven Steps to Achieving the Extraordinary in an Ordinary World

Danny Cox, John Hoover

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the day and Seize your lifeBy A CustomerIt's been a while since I read this book. Though I'm a self-help junkie, and it's good to stop reading and start doing, it's also good to have a fundamental list of your favorites that you re-read once or twice a year. This book is on my re-read list, along with TRLT by Scott Peck, and Resurrection by Neville. What I can remember about the book is how the author, especially Danny likens the challenge of their past careers to grabbing your life and just doing it. One thing that sticks in my mind is how he says that it just ain't enough to post a picture of your dream house on the fridge. You really have to take action to get it.1 of 1 people found the following review helpful. Wonderful , powerfull , inspirational and immediately usefull!By David W. LawrenceIt is Wonderful , powerfull , inspirational and immediately usefull! This priceless work is able to open one's eyes and expose the roots of procrastination , fear inertia lazyness in one's own life. It reveals our limitations are far more our own self imposed and internal than external .Highly recommended!david Lawrence

This is essential reading for anyone who seeks to make high performance a regular, daily expectation in his or her life. Tapping your reservoir of personal potential has never been explained more clearly. Creating the circumstances for achieving the extraordinary is a daunting and overwhelming prospect to most of us--whether pursuing professional success or high performance in personal goals. Achieving the extraordinary is a given to Danny Cox, who takes his cues from some of history's greatest achievers, such as George Bernard Shaw and Thomas Edison. He shares his wisdom and success stories, showing us the path to high performance in seven achievable steps. "The quest for high performance," notes Danny, "is an ongoing journey, a pursuit that is the source of tremendous pleasure and gratification. It's the feeling an athlete experiences in victory, the sensation an actor feels during a standing ovation..."

From the Inside FlapEssential reading for anyone who wants to make high performance a daily part of their lives--both professional and personal. Author Danny Cox, a highly successful sales executive, former U.S. Air Force test pilot, and a member of the National Speakers Association Hall of Fame, is someone who has no doubt about how to achieve the extraordinary. With the help of clear and effective guidelines along with quotes from some of the greatest achievers in history, you'll soon have all the tools you need to follow his lead and achieve the goals you seek.