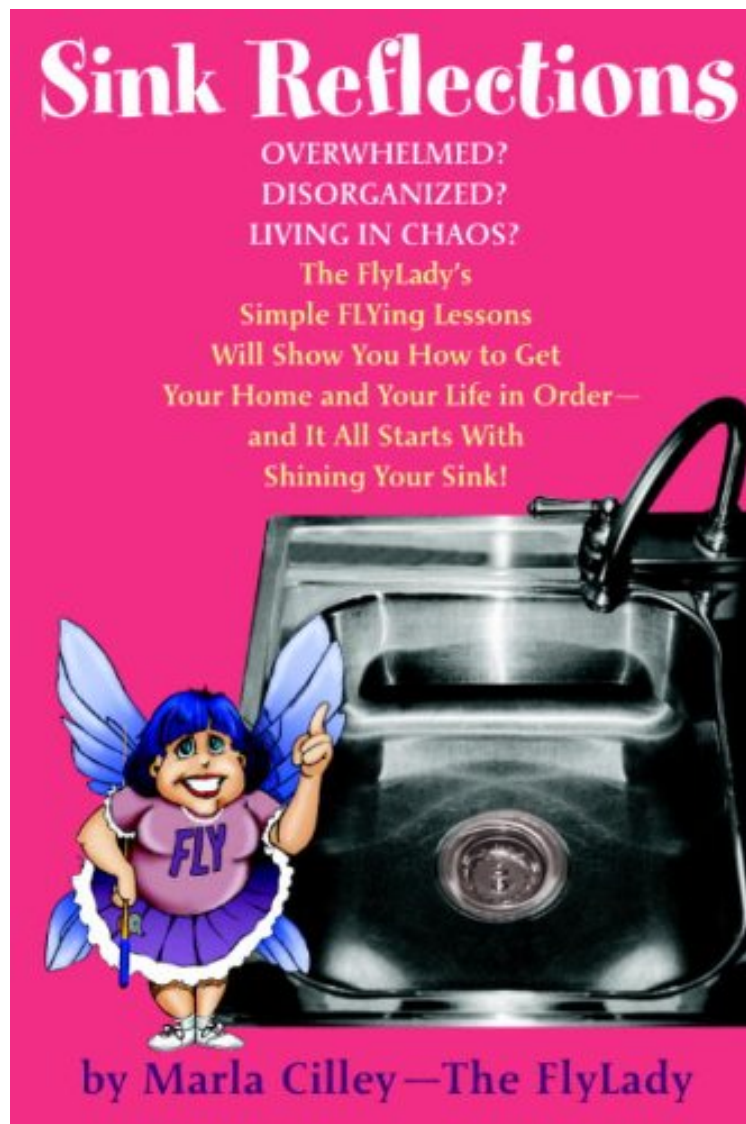


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Sink Reflections: Overwhelmed? Disorganized? Living in Chaos? Discover the Secrets That Have Changed the Lives of More Than Half a Million Families...

Marla Cilley

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0 of 0 people found the following review helpful. ... bought several books on decluttering and organizing but nothing like this. I'm actually getting my house in order. I never thought it would be this easy to keep it clean either, but FlyLady shows you how to do it in small baby steps and walks you through what you need to know to keep it clean forever. Love this book and this author. Of course, I bought her other books as well. She's amazing!

0 of 0 people found the following review helpful. Supportive, positive and action orientated. As opposed to other books that I have read on this topic, this is a book written by a lady which understands the struggles of someone overwhelmed by its own home, because she used to be such a person. The book is supportive, positive and action orientated; the learning process is based on encouragements, not on guilt. Marla's routines are life's good habits which you are taught step by step. If you feel that your life is a continue chase to catch up with everything that needs to be done in your home, as I did, buy this book. It changed my life and hopefully it will change your life for the better, as well.

0 of 0 people found the following review helpful. Five Stars. Love this book it has caused me to chill out and not stress over house and being perfect!

Fly Out of CHAOS (Can't Have Anyone Over Syndrome) Into Order--One Baby Step at a Time. With her special blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, a.k.a. The FlyLady, shows you how to manage clutter and chaos and get your home--and your life--in order. Drawn from the lessons and tools used in her popular mentoring program, the FlyLady system helps you create doable housekeeping routines and break down overwhelming chores into manageable missions that will restore peace to your home--and your psyche. Soon you'll be able to greet guests without fear, find your keys, locate your kids, and, most of all, learn how to FLY: Finally Love Yourself. From the Trade Paperback edition.

From Publishers Weekly. In her debut book, Cilley, a.k.a. "The FlyLady" to the thousands who log onto her FlyLady.net Web site, reaches into the everywoman's home to help make her housecleaning more fun and her life more organized. Beginning with "Shiny Sink 101," Cilley explains how a spotless kitchen sink can direct even the most discouraged housekeeper onto the path of well-ordered domesticity. Through several straightforward routines, including the 27 Fling Boogie (the cut-throat practice of quick junk disposal), the Five-Minute Room Rescue ("another step on the road to clutter recovery") and the Hot Spot Fire Drill (for an area that, like a forest fire, takes over your home), Cilley advises her "FlyBabies" on how to overcome clutter and CHAOS (Can't Have Anyone Over Syndrome). Filled with testimonials from online followers, the book aims to help readers establish manageable daily and weekly habits by incorporating spirituality and family into the program. Detailed and direct, this is a guidebook for the stay-at-home or working woman who wants to have it all, including her sanity. Copyright 2002 Reed Business Information, Inc. "Take off with FlyLady! Her down-to-earth writing will help anyone who desires to be lifted free from the chaos and confusion disorder causes." --Pam Young and Peggy Jones, coauthors, Sidetracked Home Executives: From Pigpen to Paradise. "FlyLady is the fairy godmother who turned my dungeon into a castle, my Royal Pain into Prince Charming, and my grief into grins. And it all started with shining my sink!" --Melanie Wilson, Ph.D., media psychologist, author, speaker. "Chatty and personal." --Chicago Tribune. "Easy to read and chock-full of helpful ideas for the disorganized." --Dear Abby syndicated column. "Cilley's humor and good advice will have even the busiest people waking up to a cleaner house in no time." --Sacramento Bee. From the Trade Paperback edition. From the Inside Flap. Fly Out of CHAOS (Can't Have Anyone Over Syndrome) Into Order--One Baby Step at a Time. With her special blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, a.k.a. The FlyLady, shows you how to manage clutter and chaos and get your home--and your life--in order. Drawn from the lessons and tools used in her popular mentoring program, FlyLady helps you create doable housekeeping routines and break down overwhelming chores into manageable missions that will restore peace to your home--and your psyche. Soon you'll be able to greet guests without fear, find your keys, locate your kids, and most of all, learn how to FLY: Finally Loving Yourself.