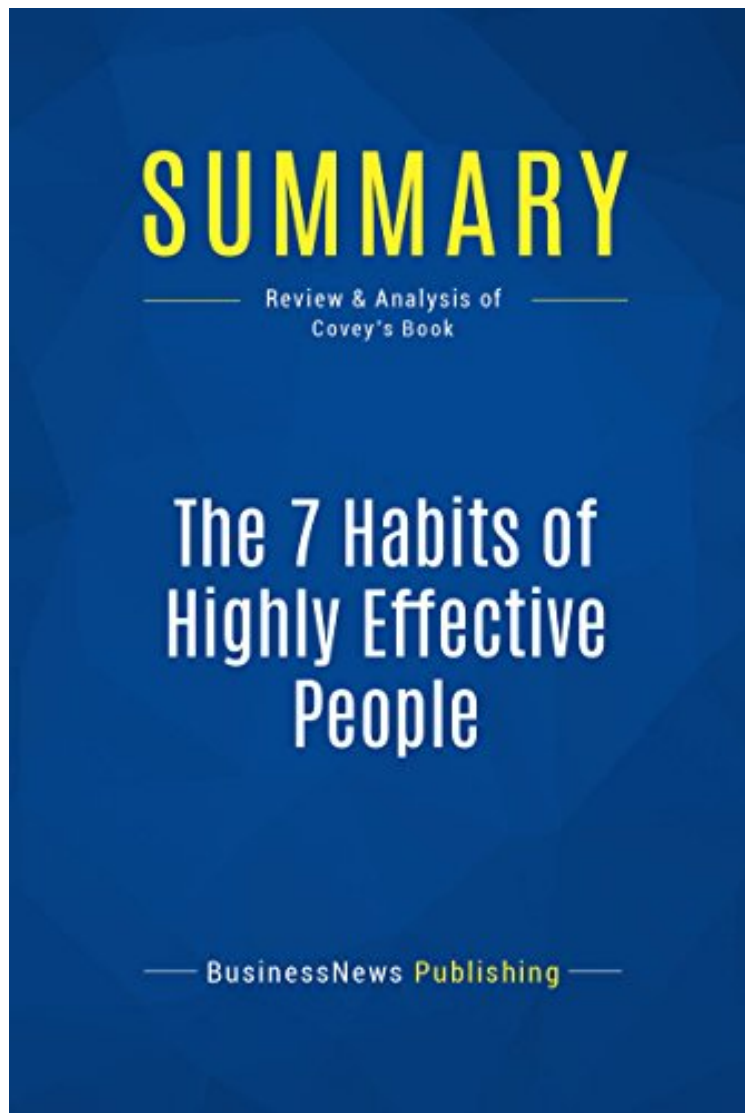


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Summary: The 7 Habits of Highly Effective People: Review and Analysis of Covey's Book

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The must-read summary of Stephen R. Covey's book: "The 7 Habits of Highly Effective People". This complete summary of the ideas from Stephen R. Covey's book "The 7 Habits of Highly Effective People" shows that it is possible for all of us to become more effective whilst expending less time and energy. Looking at each of the habits in turn, it explains why they are necessary and how to develop them. It also highlights that people succeed more in both their personal and professional life if they decide to effect change first within themselves, before projecting it out, thus making sure that circumstances do not control them. Added- value of this summary:

- Save time
- Understand the key lessons in personal change
- Expand on your motivation

To learn more, read "The 7 Habits of Highly Effective People" and begin with private victories, then move on to public ones and finally synergise all parts of your life to create something bigger than the sum of its parts.