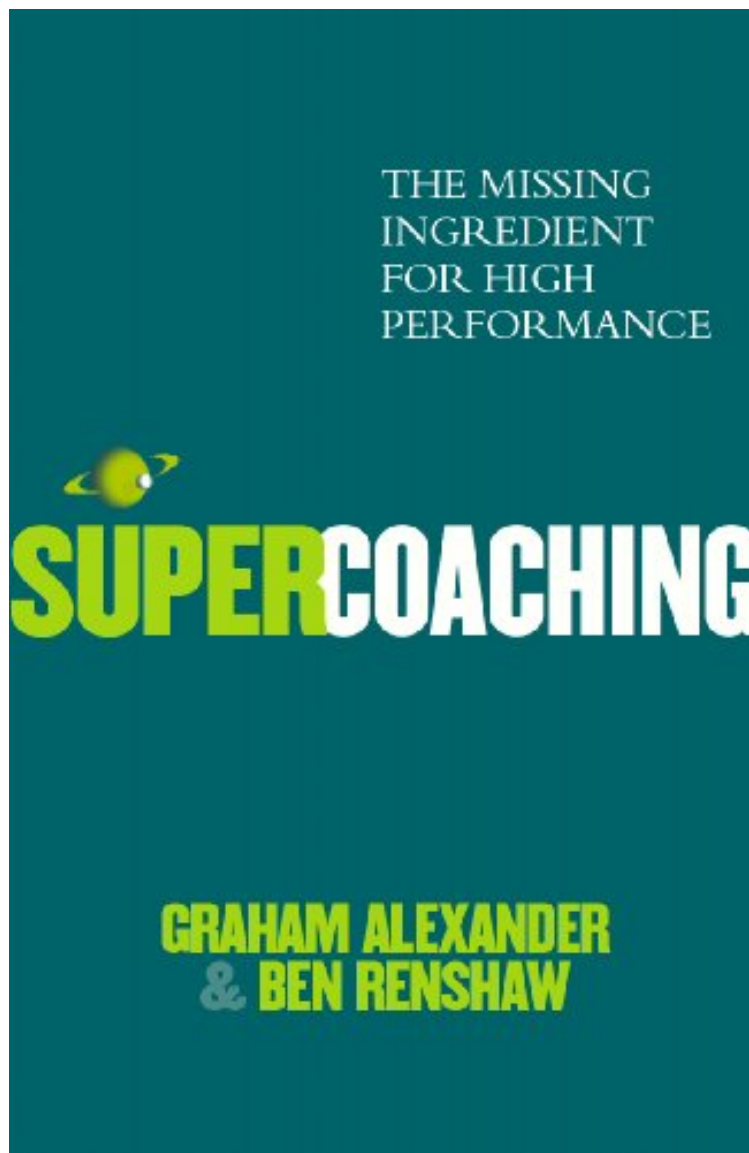


Super Coaching

Ben Renshaw, Graham Alexander

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Ben Renshaw, Graham Alexander : Super Coaching before purchasing it in order to gage whether or not it would be worth my time, and all praised Super Coaching:

0 of 0 people found the following review helpful. One of the best coaching books ever!By M. MamakosAre you a life coach, therapist, or just want to motivate yourself? This is the book you should use as your go to reference!

Super Coaching is for anyone wanting to succeed in a frenetic and unpredictable world. Coaching is an extremely successful new trend: a coach is a cross between a psycho-analyst and personal trainer, someone who is there to

motivate and inspire you to work things out for yourself. This book means that you don't have to find your own personal coach - everything you need to know is here. Getting the job done is no longer good enough: relationships, whether with colleagues, customers, friends and family, are our greatest asset and the key to career success and personal happiness. Ben Renshaw's many media credits include relationship coach for C4's award-winning series Perfect Match. Graham Alexander is the founder of business coaching in Europe with just under 20 years' experience in the field. Together they make a unique team, showing you how to follow coaching principles to achieve everything you want in a career and life.

About the Author Graham Alexander and Ben Renshaw run workshops and seminars on coaching all over the UK. Their clients include Marks Spencer, BT, Boots, Lloyds TSB, Cadbury Schweppes and Price Waterhouse Cooper, among many others. Graham Alexander is a Team and Life Consultant. He is credited with bringing business coaching to the UK in 1980. He started the Alexander Corporation in 1986 which grew to be Europe's largest corporate coaching company and market leader. He is the author of five books. Ben Renshaw is a coach and the co-director of The Coaching Success Partnership and The Happiness Project.