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Natalie Lancer, David Clutterbuck, David Megginson
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SECOND EDITION

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Natalie Lancer, David Clutterbuck, David Megginson : Techniques for Coaching and Mentoring before purchasing it in order to gage whether or not it would be worth my time, and all praised Techniques for Coaching and Mentoring:

This is a fully revised and updated second edition of the successful Techniques for Coaching and Mentoring, also incorporating the best bits of its sister text Further Techniques for Coaching and Mentoring. The book presents a comprehensive and critical overview of the wide range of tools and techniques available to coaches and mentors. With a strong academic underpinning, it explores a wide range of approaches, and provides techniques both for use with clients and to support professional development of the coach or mentor. Key features include: Easy-to-use resources and techniques for one-to-one coaching; Case studies throughout the text, helping to put theory into practice; An overview of different theoretical approaches; A dedicated section on 'themes for the coach'; discussing

coaching across cultures, evaluating your coaching and looking after yourself as a coach; and Downloadable worksheets for each technique. Techniques for Coaching and Mentoring 2nd Edition is an invaluable resource for professional coaches and mentors looking to enhance their practice, and for students of coaching and mentoring.

'The first edition of this book is excellent because it is packed full of interesting and useful skills, processes and techniques. This 2nd edition has developed and built on this already excellent book and lifted it in to the 'essential buy' category!' - Professor Bob Garvey, Faculty Head of Research, York St John Business School, UK 'This is a remarkably useful book. Each of the three sections is valuable in its own right: Section A clearly explains and informs us about coaching; Section B provides handy techniques to bolster coaching practice; and Section C addresses some important contemporary issues that coaches need to consider for their continued professional effectiveness. Highly recommended.' - Dr Elaine Cox, Author and Director of Coaching Mentoring Programmes at Oxford Brookes University UK 'This is a fabulously rich and comprehensive work, it will be an invaluable resource for any coach or mentor - from the seasoned and experienced, to the novice. It covers every aspect of the coaching and mentoring process. I totally recommend it.' - Myles Downey, author of 'Enabling Genius- a mindset for the 21st Century' and 'Effective Modern Coaching'; 'Wonderfully written by pioneers of our field. A vast array of coaching techniques with illustrative examples every step of the way. One of the few coaching books that you'll need with you while coaching!' - Dr Brian O. Underhill, Founder of CoachSource and author of 'Executive Coaching for Results' About the Author Natalie Lancer is Director of Higher Education at Immanuel College, UK. She has developed a coaching programme for undergraduates and has a private coaching practice. She has also lectured and published on coaching in education, including Getting into Oxford and Cambridge, 11th edition. David Clutterbuck is one of Europe's most prolific management thinkers and authors. He is co-founder of the European Mentoring and Coaching Council, visiting professor at three UK universities and practice lead at Coaching and Mentoring International. David Megginson is Emeritus Professor of Human Resource Development at Sheffield Hallam University and a Chartered Fellow at CIPD, UK