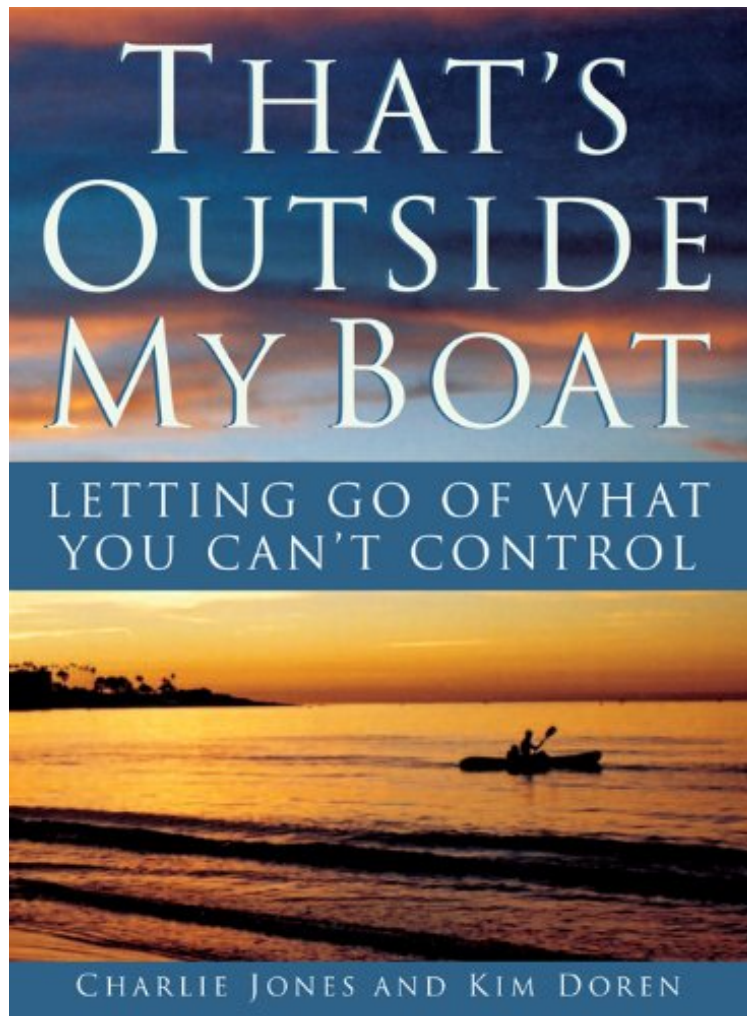


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That's Outside My Boat: Letting Go of What You Can't Control

Charlie Jones

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Charlie Jones : That's Outside My Boat: Letting Go of What You Can't Control before purchasing it in order to gauge whether or not it would be worth my time, and all praised That's Outside My Boat: Letting Go of What You Can't Control:

0 of 0 people found the following review helpful. A Great Lesson - But Would be Better as an EssayBy John ChancellorThere is a great lesson in the story behind the title of this book. However the most value I got from this book was in the story behind the title.The idea of the book grew out of the 1996 Olympics assignment of Charlie Jones, an award winning sportscaster and one of the authors. The 1996 Olympics was held in Atlanta, GA and as part of the TV coverage team, Mr. Jones was assigned to cover the rowing, canoeing and kayaking events. He was not exactly thrilled with his assignment but being a true professional, he set out to do his best. He wanted to interview the participants to get some background story to add color to the coverage.Mr. Jones interviewed a number of the athletes and asked them a series of questions. He wanted to know what they would do if it rained? What if the wind were

blowing extra strong? What would they do if the current was strong? Each contestant gave basically the same answer, "That's outside my boat." The point was that the athletes were totally focused on what would be going on inside their boat. Things that happened outside their boat were beyond their control and they refused to worry about them. Of course what they did inside their boat would always be influenced by outside forces. But they could not control those outside forces. The only thing they could control was the things inside their boat and that was what they focused on. This is a very important lesson and it is fully covered in the introduction. After the introduction there are 55 chapters written by guest authors which are directly related to the topic of focusing on what you can control and letting go of the things that are outside your control. I am not a big fan of a collection of guest articles. Some of the articles are very interesting and insightful, others are just average. But with so many different authors contributing their thoughts, writing style and insights, I think the book loses some focus and impact. The lesson of letting go of What's Outside My Boat is very valuable, but in my opinion it was not worthy of an entire book.

2 of 2 people found the following review helpful. That's Outside My Boat By Mary C. Excellent book! The book is a collection of short essays about real people and their stories of letting go of what they can't control. In our hectic lives we quite often get bogged down with situations that are beyond our control. These stories talk about what you can control and what is beyond your control. Learning to let go of what you can't control can be an incredible burden lifted from one's shoulders. I found this book inspired me to a whole new level of thinking about my life and what decisions I make on a daily basis.

2 of 2 people found the following review helpful. GREAT BOOK By Joseacute; Angel Santana, PhD I teach a course, "The Art of Connecting" at the School of Visual Arts, in New York City. Since I began teaching this course in 2007, I've ordered numerous used versions of Charlie Jones' book just in case they were to ever run out. It's been out of print until recently. Preparing to teach this evening, I came here to check its availability so that I could once again recommend it to my students. I am very happy to learn that it's back in print. This book is an invaluable resource for understanding how to apply one of the most important principles for living: to understand what is and what is not in our power to control and focusing on what is, rather than on what is not. As related to human relations, we can not try to control other people and be truly happy ourselves. Thank you Charlie Jones for your book.

When veteran television announcer Charlie Jones got assigned to the hinterlands of Olympic broadcasting to cover rowing, canoeing, and kayaking, he serendipitously discovered a powerful philosophy for focused living: That's Outside My Boat. He learned that Olympic rowers never let anything outside their boat prevent them from achieving their goals. Jones, with coauthor Kim Doren, realized that the world of business - and all aspects of life - could greatly benefit when this same perspective is applied. The book uses the power of the personal example to show how focusing on what one decides is important fosters success. Bob Wright, vice chairman of General Electric; Terry Bradshaw, NFL broadcaster and TV personality; Jack Kemp, codirector of Empower America; Liz Dolan, former Nike corporate vice president; and many other business leaders apply this philosophy to their own experience in That's Outside My Boat. It's a powerful tool for business and life.

About the Author Charlie Jones is The New York Times best-selling author of What Makes Winners Win. A network sportscaster for four decades, he was inducted into the Pro Football Hall of Fame. Charlie holds a J.D. from the University of Arkansas Law School and lives in La Jolla, California. Check out his blog: charliejonesonsports.blogspot.com Kim Doren has a diverse career that includes directing the marketing for Cobra Golf, teaching, media consulting, and working in Outback Australia as a jillaroo. A graduate of Stanford University, she is an avid traveler, sportswoman and volunteer. Kim lives by the beach in La Jolla, California.