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# The Courage to Succeed: Success Secrets of an Unlikely Four-time Olympian

*Ruben Gonzalez*

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International Bestseller

# The Courage To Succeed

**Success Secrets  
of an Unlikely  
Four-time  
Olympian**

*"Read this book  
or listen to Ruben  
speak and your life  
will change."*

**Lou Holtz**

**Foreword by  
Lou Holtz**



**Ruben Gonzalez**

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**Ruben Gonzalez : The Courage to Succeed: Success Secrets of an Unlikely Four-time Olympian** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Courage to Succeed: Success Secrets of an Unlikely Four-time Olympian:

0 of 0 people found the following review helpful. AlmostBy TJ KokerRead Mr. Gonzalez's book cover to cover and congratulate him on his many accomplishments. That being said, I found my self getting pulled out of the read by

many, many, many typographical mistakes, mis-spellings and pacing issues. Thankfully, he quotes other successful individuals and avoids self-aggrandizing. I wish he had taken the same no quit attitude on learning to write well as he did in becoming a member of the Argentinean Olympic Luge Team. The book has potential, but only about 6 pages are worth reading. 0 of 0 people found the following review helpful. Five Stars By Leon Grove Fantastic advice to every aspect of your life. Doc groovy 0 of 0 people found the following review helpful. Great Read!! By Customer I read this book and was moved to have more courage. One of my favorites. Highly Recommended.

Four-time Olympian, bestselling author and award-winning keynote speaker Ruben Gonzalez shares what he had to do to make it to the Olympics and how following those success principles will help you realize your goals and dreams. Take control of your life with the success principles of a four-time Olympian. As a four-time Olympian, peak-performance expert Ruben Gonzalez knows how to achieve success again and again. Now you can learn the keys to success from someone who's been there. Learn time-tested ways to: - Build confidence and destroy fear - Unleash your passion and drive - Unlock your full potential - Turn defeat into victory - Achieve your life ambitions An incredible story of frustration, broken bones, and ultimate triumph in the Olympics. Ruben wasn't a gifted athlete. He didn't take up the Olympic sport of luge until he was 21. Against all odds, four years and a few broken bones later he was competing in the Calgary Winter Olympics. At the age of 47 he was racing against 20-year-olds at the Vancouver Olympics. This is the incredible story of how an ordinary person with an extraordinary dream achieved his destiny - and how you can achieve your destiny.